

Waterfront
Access



Safety &
Accessibility



Facades &
Alleys



Retail
Activation



Housing
Options



Comments



Improve the Tenth House Healing Center



Project Location:

29 Second St

Project Type:

Redevelopment /
Renovation

Project Sponsor:

Tenth House Health /
Jennifer Sokolov

Property Ownership:

Jennifer Sokolov

Funding Estimate:

\$171,000

Total Project Cost

\$128,000

Total NYF Funds Requested

25%

Sponsor Match %

Project Overview:

Tenth House Health, a woman-owned healing arts center at 29 Second Street in Athens founded in 2021, is undertaking Phase Two renovations focused on enhancing comfort, accessibility, and energy efficiency following their successful Phase. The renovation project targets windows, doors, floors, walls, and lighting - including insulating original features for better climate control, replacing compromised subflooring with insulated moisture-resistant materials suitable for movement-based classes, updating building access and visibility for safety, and installing yoga wall apparatus and storage for accessibility support. These comprehensive improvements will enable year-round operation, allowing the center to offer up to 50 hours of weekly services including group classes, private body-oriented therapy sessions, and public workshops.

Improve the Tenth House Healing Center

29 Second St



Existing Site Conditions

The building is a three-story mixed-use commercial and residential building needs critical structural renovations, improvements to the retail space, and upgrades to the exterior features in a way that preserves historic features.

Capacity & Partners

The project sponsors bring hands-on experience, having successfully completed Phase 1 renovations of similar scale and complexity at this property.

Alignment with Vision & Goals

This renovation supports **retail activation**, enhancing commercial spaces to attract and support local businesses; improves **safety and accessibility**; and **historic preservation** by maintaining the architectural integrity of the building.

Readiness & Timeframe

With funding secured and project estimates finalized, the team is preparing to move forward. The next steps include obtaining a building permit and planning board approval for specific upgrades. If approved, the project will be ready to begin.

Project Category

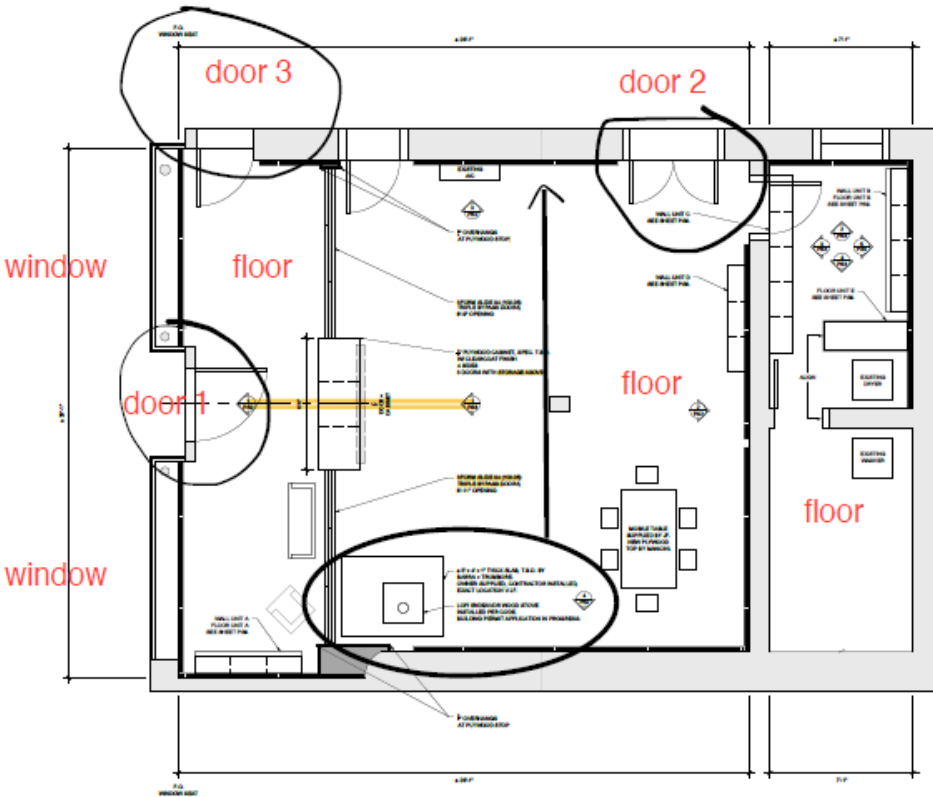
Redevelopment / Renovation

Project Size

Small

NYF Funds Requested

\$128,000



Above: Floor plan showing areas of work labeled in red



Above: Current windows



Above: Current yoga wall